

BARIATRIC SURGERY

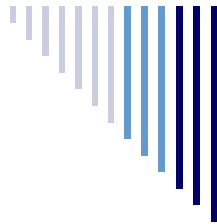
Gastric Lap Band
Gastric Bypass

Weight loss surgery - laparoscopic gastric band or gastric bypass - is a serious procedure that involves the dedication of the patient, physician and medical weight loss team. It's not easy. As people who've struggled with weight issues their entire life know, there is no simple solution, but with patience, motivation and commitment to lifestyle changes surgical weight loss can lead to a longer and healthier life.

You can do it! And, our multidisciplinary team, including physicians, nutritionists, psychologists and physical therapists, will help you through the process. You'll improve serious health risks caused by obesity, and you'll take the first step towards avoiding the second-most preventable cause of death in the U.S.

Surgery should be viewed foremost as a method for alleviating debilitating, chronic diseases such as diabetes, heart disease and hypertension. In most cases, the minimum qualification for consideration as a candidate for the procedure is 100 lbs. above ideal body weight or a Body Mass Index of 40 or greater.

The best way to get a full assessment of your condition is to schedule a consultation or attend a free educational seminar to determine if weight loss surgery may be an option for you.

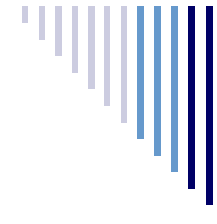


AJAY GOYAL, M.D.
CATHERINE BOULAY, M.D.
Laparoscopic Bariatric
& General Surgeons

With more than 1,000 successful laparoscopic gastric bypass, band and general surgical procedures completed, Dr. Ajay Goyal is a leader in the field of bariatric surgery. To ensure the best patient care and weight loss success, he employs a multi-disciplinary team approach, including nutritional, psychological and physical therapy counseling. This approach translates to his low complication rate and no mortality.

Dr. Goyal is board certified, by the American Board of Surgery, and is the Director of Bariatric Surgery at Overlook Hospital in Summit, New Jersey. He completed a one year Laparoscopic & Bariatric Surgery Fellowship at the Institute for Minimally Invasive Surgery at Westchester Medical Center in Valhalla, New York.

Dr. Catherine Boulay is actively involved in the bariatric program, in addition to performing laparoscopic general surgery. She finished her surgical residency at Columbia University Medical Center in New York. At Columbia, she trained under several nationally known laparoscopic surgeons and was involved in more than 350 laparoscopic cases. In addition, Dr. Boulay completed a post-doctoral research fellowship, investigating the effects of laparoscopic surgery on the immune system.



KAREN KELLY, R.D.
Nutritionist
ALISON MORGAN, Ph.D.
Psychologist

Karen Kelly is a graduate of Ohio State University and the College of Saint Elizabeth where she received her registered dietitian degree. She is a member of the American Dietetic Association.

Karen found her true calling by helping people make better nutrition choices to improve their health.

Dr. Alison Morgan received her Masters' and Doctoral degrees from Seton Hall University in Counseling Psychology. She is a member of the American Psychological Association and Pediatric Psychology.

Dr. Morgan focuses on empowering people to face the challenges of medical illnesses and conditions, including obesity. She helps individuals commit to a healthy lifestyle change and overcome the barriers to past failed weight loss attempts. Dr. Morgan understands that weight loss is not only a physical challenge but an emotional one; therefore, she's dedicated to helping people make positive changes that will last a lifetime.



IVYREHAB Physical Therapy, in conjunction with Dr. Ajay Goyal, offers a customized approach to physical fitness to maximize weight loss.

Its team of exercise physiologists, athletic trainers and physical therapists work with morbidly obese patients to educate them on the most effective and safe exercise techniques designed for every level of physical fitness.

"Learn to Live Better"



Attend a free educational seminar led by Dr. Ajay Goyal to learn more about the medical, nutritional, psychological and surgical aspects of long term weight loss.

Seminars are held in Hoboken & Summit, New Jersey.

Please contact us at 908-378-1779 to register for a session.

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AJAY GOYAL, M.D.
Bariatric Surgeon

[Weight Loss Solutions](#)

Surgical
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Nutritional
Physical Therapy/
Exercise Program



Weight Loss Surgery:
A Path to a Healthier Lifestyle